

	mU12		wU12		mU14		wU14		Rahmenprogramm			
	M10	M11	W10	W11	M12	M13	W12	W13	M ab U16	W U16	W ab U18	
10:00	Hoch		Weit 3	Weit 1+2*	60mH		60mH					10:00
					Hoch		Speer					
					Speer							
10:15												10:15
10:30	50m ZVL	50m ZVL										10:30
10:45												10:45
11:00			50m ZVL	50m ZVL								11:00
11:15		Hoch					Weit 3					11:15
11:30	Weit 1+2*		Ball		75 m ZVL	75 m ZVL						11:30
11:45							75 m ZVL	75 m ZVL				11:45
12:00	50m A/B	50m A/B										12:00
12:15			50m A/B	50m A/B								12:15
12:30					75m A/B	75m A/B						12:30
12:45		Weit 1+2*					75m A/B	75m A/B				12:45
13:00	Ball							Weit 3				13:00
13:15			Hoch						100m ZL			13:15
13:30										100m ZL		13:30
13:45						Weit 2						13:45
14:00	4x50m ZL		4x50m ZL									14:00
14:15					4x75m ZL		4x75m ZL					14:15
14:30		Ball			Weit 1							14:30
14:45							800m ZL	800m ZL				14:45
							Hoch					
15:00	800m ZL										Weit 2	15:00
15:15					800m ZL	800m ZL						15:15
15:30		800m ZL										15:30
15:45			800m ZL	800m ZL	Kugel				Weit 1			15:45
16:00									800m ZL	800m ZL	800m ZL	16:00
16:15										Weit 2		16:15
16:30							Kugel					16:30

Stand: 19.05.2024

* Vorkampf getrennt auf Anlage 1 und 2, Endkampf auf Anlage 1